

COMA Walk Schedule, 2009

Walks begin 9:30 a.m. Directions and walk leaders are listed below. Handy equipment includes a basket, wax paper and/or wax paper bags, a small knife, a whistle, a magnifying lens, and an insect repellent containing Permethrin (non-toxic) or DEET for tick protection. The walks are followed by a communal lunch and a mushroom identification session. Bring your lunch (and something to share) and a mushroom manual to help with the identification of our finds. (COMA cannot be responsible for mushroom identification.)

- Sunday, April 26** **MIANUS RIVER PARK**- Stamford, CT. Leader: Carol Levine (203) 322-2051
- Saturday, May 2** **GOOSE POND STATE PARK**- Monroe, NY. Leader: JJ Murphy (845) 238-2357
- Sunday, May 3** **CRANBURY PARK** - Norwalk, CT. Leader: Doris Kaye (203) 856-7320
- Saturday, May 9** **CALIFORNIA HILL MLTI USE AREA**- Putnam County, NY.
Leader: Morrs Palmer (718) 636-6348
- Sunday, May 10** **TALLMAN STATE PARK**- Piermont, NY. Leader: George Johanson (914) 337-9340
- Saturday, May 16** **BLUE MOUNTAIN RESERVATION**- Peekskill, NY. Leader: Kathy Americo (914) 737-1021
- Sunday, May 17** **SAUGATUCK TRAIL**- Westport, CT. Leader: Don Shernoff (914) 761-0332
- Saturday, May 23** **TALLMAN STATE PARK**- Piermont, NY. Leader: George Johanson (914) 337-9340
- Sunday, May 24** **WESTMORELAND SANCTUARY**- **Bedford, NY.** Leader: Don Shernoff (914) 761-0332
- Saturday, May 30** **CALIFORNIA HILL MLTI USE AREA**- Putnam County, NY.
Leader: Morrs Palmer (718) 636-6348
- Sunday, May 31** **SUN ONE ORGANIC FARM**- Leader: Zaac Chavez (203) 571-8866
- Saturday, June 6** **WONDERLAKE STATE PARK**- Putnam County, NY. Leader: Lou Tartaro (845) 225-9029
- Saturday, June 13** **WESTMORELAND SANCTUARY**- Bedford, NY. Leader: Dave Rose (914) 738-0847
- Saturday, June 20** **BLUE MOUNTAIN RESERVATION**- Peekskill, NY. Leader: Kathy Americo (914) 737-1021
- Sunday, June 21** **WARD POUND RIDGE RESERVATION**- Pound Ridge, NY.
Leader: Don Shernoff (914) 761-0332
- Saturday, June 27** **BABCOCK PROPERTY**- Greenwich, CT. Leader: Zaac Chavez (203) 571-8866
- Sunday, June 28** **SCHUNEMUNK STATE PARK** – Mountainville, NY. Leader: JJ Murphy (845) 238-2357
- Sunday, July 5** **DOROTHY's RUN - RHINEBECK NY.** Leader: Dawn Ladd 917-209-3397
- Saturday, July 11** **SYLVAN GLEN** - Yorktown, NY. Leader: Deborah and Mike (646) 265-0388
- Sunday, July 12** **WESTMORELAND SANCTUARY**- Bedford, NY. Leader: Dave Rose (914) 738-0847
- Saturday, July 18** **PUTNAM MEM STATE PARK**- Redding, CT. Leaders: Joe & Kathy Brandt (203) 544-9622
- Sunday, July 19** **MOUNTAIN LAKES CAMP**- North Salem, NY. Leader: Santo Curro

Saturday, July 25 **FAHNESTOCK ST PARK** - Carmel, New York. Leader: Richard Weinberg (914) 271-0059

Saturday, August 1 **HARRIMAN "LONG PATH"**– Route 6, Woodbury, NY. Leader: JJ Murphy (845) 238-2357

Sunday, August 2 **TURKEY MOUNTAIN-** Yorktown, NY. Leader: Andrew Piotrowski (914)-589-2326

Saturday, August 8 **GREENBURGH NATURE CENTER-** Scarsdale, NY. Leader: Lisa Solomon (914) 639-2640

Sunday, August 9 **CIMARRON RANCH** – Putnam, Valley NY. Leader: Paula Sims (914) 548-2891

Saturday, August 15 **SYLVAN GLEN-** Yorktown, NY. Leader: Andrew Piotrowski (914)-589-2326

Saturday, August 22 **RYE NATURE CENTER-** Rye, NY. Leader: Dianna Smith (914) 271-5209

Sunday, August 23 **PUTNAM MEM ST PARK-** Redding, CT. Leaders: Joe & Kathy Brandt (203) 544-9622

Th-Sun, Aug. 27-30 **COMA 's CLARK ROGERSON FORAY-** Cave Hill Resort in Moodus, Connecticut

Saturday, Sept 5 **BULL's BRIDGE** - Kent, NY. Leader: Mike Arkins (845) 855-9690

Sunday, Sept 6 **WESTCHESTER WILDERNESS** - Pound Ridge, NY. Leader: Zaac Chavez (203) 571-8866

Saturday, Sept 12 **NYMS-COMA JOINT FORAY & PICNIC-PELTON POND FAHNESTOCK STATE Sat**
10:30 start time **PARK-** Carmel, NY. Leader: Morris Palmer (718) 636-6348.

Sunday, Sept 13 **SOUTHFORD FALLS STATE PARK-** Oxford, CT. Leader: Morris Palmer (718) 636-6348

Saturday Sept 19 **MOUNTAIN LAKES CAMP** - North Salem, NY. Leader: Santo Curro

Sunday, Sept 20 **HILLTOP HANOVER FARMS.** Leader: Kathy Americo (914) 737-1021

Saturday Sept 26 **GREENBURGH NATURE CENTER-** Scarsdale, NY. Leader: Lisa Solomon (914) 639-2640

Sunday, Sept 27 **GREENBURGH NATURE CENTER-** Scarsdale, NY. Leader: Don Shernoff (914) 761-0332

Saturday, October 3 **TALLMAN STATE PARK-** Piermont, NY. Leader: George Johanson (914) 337-9340

Sunday, October 4 **JOINT CVMS ED BOSMAN MEMORIAL WALK-** Kettletown State Park, Southbury, CT
Leader: Roz Lowen 603-745-3604

Saturday, October 10 **TOBAY BEACH,** Babylon, NY– **You can swim here.** Leader: Tom Guglielmo (914) 478-1525

Sunday, October 11 **HART's BROOK NAT PRESERVE-** Hartsdale, NY. Leader: Jonathan Rice (914) 722-9042

Th-Sun, Oct 15-18 **NEMF Regional Foray,** Cape Cod, MA

Saturday, Oct 24 **WESTMORELAND SANCTUARY-** Bedford, NY. Leader: Dave Rose (914) 738-0847

Saturday, Oct 31 **MIANUS RIVER PARK-** Stamford, CT. Leader: Carol Levine (203) 322-2051

Sunday, Nov 1 **TURKEY MOUNTAIN-** Yorktown, NY. Leader: Dana Levenberg (914) 944-3061

Saturday, Nov 7 **CRANBERRY LAKE PRESERVE-** White Plains, NY. Leader: Taro Ietaka (914) 428-1005

Sunday, Nov 8 **SYLVAN GLEN-** Yorktown, NY. Leader: Dianna Smith (914) 271-5209

Driving Directions to COMA Walks

- BABCOCK PROPERTY-** Merritt Pkwy to Exit 31. Go 1.4 miles north on North St. to entrance on left.
Greenwich, CT
- BLUE MOUNTAIN-** From South: Route 9A to 9 N to Welcher Ave. Turn Right and follow to park entrance.
Peekskill, NY From North: Route 9 S to Welcher Avenue. Turn Left and follow to park entrance.
- BULL'S BRIDGE –** From Westchester: Take 684 North. It becomes Rte 22 North. About 18 miles, follow
Kent, CT right fork at traffic light to Rte 55 to Webatuck [also spelled Webutuck] (1 mile). Turn Right (still Rte 55, one more mile). Left on Dogtail Corners Rd. (Rte 22) for 2.7 mi. It becomes Bulls Bridge Rd. Parking area is just before covered bridge.
From Connecticut: Take Rte 7 North, about 23.5 mi north of 84, Bulls Bridge Rd. on left at traffic light. Cross the covered bridge to the parking area.
- CALIFORNIA HILL** From southern Westchester and NYC: Taconic Pkwy North to Peekskill Hollow Rd. Exit
MULTIPLE USE AREA – Right off ramp & go 2.3 miles. Address on mailbox on left (Northwest) side of road.
Putnam County, NY. Take winding driveway uphill to house. From eastern Westchester and Connecticut: Rte
Meet at Palmer's House: 684 North to Brewster, Rte 6/22 to exit Carmel. Right on Rte 52 for 1 block. Left onto
Peekskill Hollow Rd. Peekskill Rte 301 about 5 miles to 1121 Hollow Rd. Make left (a right would put you in the
reservoir) and go about. 1 mile. House #1121 is on the right (Northwest side) just past
Gordon Rd. Address is on mailbox. Take long winding driveway uphill to house.
- CIMARRON RANCH** Taconic State Pky to Mahopac/Shrub Oak Exit (US-6), take US-6 west for 1.4 miles.
179 Cimmaron Road Turn Right on MILL ST – go 1.8 miles. Turn Left on Peekskill Hollow Rd. (CR-21).
Putnam Valley, NY Immediately bear Right on Church Rd. (CR-22) – go 2.1 miles. Go across CR-20
Straight onto Cimarron Road. (CR-15) – go 0.6 miles. 179 Cimmaron Rd. is on left.
- CRANBERRY LAKE** From I-287 W: Take exit 7 towards Taconic. Go straight for one mile. Bear right onto
PRESERVE - Broadway/Rte 22 N at light. Go 2 mi., turn right onto Old Orchard St. Entrance is the
PRESERVE - first right turn.
White Plains, NY From 287 E: Take exit 6, Rte 22. Left off exit onto N Broadway/ Rte 22. Follow Rte 22
north 2.9 miles . Go right onto Old Orchard Street. Go 500 feet. Entrance is first right.
- CRANBURY PARK** From the South (NY): Take the Merritt Parkway to Exit 39B. Follow Route 7 North,
Kensett Ave and Grumman Rd Right on Grist Mill and Left onto Main Ave. Stay in the Right lane for about ½ mile
Norwalk, CT and turn Right onto Kensett Ave. Follow Kensett a few blocks until it ends at Grumman
Ave. Follow the signs to the park entrance. Meet in the larger parking lot.
From the North: Take the Meritt Parkway to Exit 40B. Bear right and follow 7 North
Pass a shopping center (Wal-mart, Staples) on the right. Stay in the Right lane for another
½ mile and turn right onto Kensett Ave. Follow the signs to the park entrance. Meet in
larger parking lot.
- DOROTHY'S RUN** Taconic Parkway North: Take the Route 115/Salt Point Turnpike exit & go 0.1 mi. Turn
Residence of Dawn Ladd Left onto CR-17/Salt Point Turnpike/NY-115 and continue on Salt Point Turnpike/NY-
7 Lagno Drive, 115 for 0.5 mi. Turn Right onto Hollow Rd/CR-14 and go 7.5 mi. Turn Right on NY-9G
Rhinebeck, NY and go for 1.3 mi. Turn Left onto Ackert Hook Rd. and go 0.8 mi. Turn Left onto Lagno
Drive (portions unpaved). 7 Lagno Drive is less than 0.1 mi.
- FAHNESTOCK STATE** Taconic State Pkwy to Rte 301. West on Rte 301, past camping area on left to Pelton
PARK, Carmel, NY Pond Parking lot on left.
- GOOSE POND STATE** NYS Thruway to Rte 6 & 17 to Exit 130. Take Rte 208 N 0.3 miles. Go Left onto

PARK Monroe, NY	Museum Village Rd. Continue straight after 4-Way stop (0.7 mi) to Rte 17M. Make a right and go 1.1 miles to trail parking lot on right. There is a sign for Craigville Church near the lot. If you pass Craigville Rd, you have gone too far. Path into park is across the road.
GREENBURGH NATURE CENTER – Dromore Road, Scarsdale, NY	Bronx River Parkway to Westchester County Center, Exit 22. Go across to Central Avenue (Rte 100). Take Rte 100 south for 2.5 mi. Pass a US Post Office on the right. Turn Left onto Dromore Road and drive to the parking area.
HARRIMAN LONG PATH Harriman State Park, NY	Cross the Bear Mt. Bridge and follow signs for Route 6W/Central Valley 2.4 miles to Exit 18. Bear Right around the circle following signs for 6 West/Central Valley. Follow Rte 6W 1.2 miles until you see a sign on Right “Long Path/Torrey Museum.” Turn Right down that road until you see the “Forest Fire Danger Info” sign. Park on either side of road.
HART’S BROOK NATURE PRESERVE – 156 Ridge Road Hartsdale, NY	Take US-287 to Exit 4. Take Rte 100A/Knollwood Road South. Knollwood Road South. Knollwood Road runs into & becomes West Hartsdale Ave. Continue on West Hartsdale /NY-100A. Turn Right onto Ridge Rd to 156 Ridge Rd. <u>From Central Avenue:</u> Turn West onto West Hartsdale Ave. Turn LEFT onto Hillcrest Rd. Hillcrest Rd meets Ridge Rd. Continue straight on 156 Ridge Rd.
HILLTOP HANOVER FARM 1271 Hanover Street Yorktown Heights, NY	<u>Going North on Taconic State Parkway:</u> Take the Millwood/Route 100 Exit. Take Route 100 North about 3.5 miles. Cross over New Croton Reservoir. At traffic light, make a Left onto Route 118. Take first Right onto Hanover St and go about 1.5 miles. Hilltop Hanover Farm is on left. The Children's Environmental Education Center is located in Building A, Main Residence, the white farmhouse on your left as you enter. Parking is up the hill by the barns. <u>Going South on Taconic State Parkway:</u> Take the Yorktown Hts./Underhill Ave. Exit and turn Right onto Underhill Ave. Follow junction of Rte 129 and turn left onto Rte 129 heading East. This road turns into 118 East at the blinking light, stay straight and follow. Turn Left onto Hanover St (just before Rte 100 junction) and follow directions to Education Center above. <u>From 684:</u> Take the Exit for Katonah, and turn off the Exit ramp onto Rte 35 going West. Follow to the junction of Rte 100 and turn Left onto 100 South. Pass Muscote Farm and go to the junction of Rte 118. Turn Right on 118 headed West and take your first Right onto Hanover St. Follow directions to Education Center above. <u>From Route 9/Croton-on-Hudson:</u> Take Rte 129 headed North and East, past the entrance to Underhill and the Taconic. This road turns into 118 East at the blinking light. Stay straight and follow. almost to the end, but not quite to the junction of Route 100. Turn Left onto Hanover St (just before Rte 100 junction) and follow directions to Education Center above.
JOINT CVMS ED BOSMAN MEM WALK Southbury, CT	I-84 E to Exit 15, Southbury/Seymour. Take Rte 67 southeast 2.6 miles to Rte 188. Turn right on Rte 188 to Park entrance.
KETTLETON STATE PARK- Kettleton, CT	Take Interstate 84 to Exit 14. At end of ramp, turn left and continue for 0.1 miles to Georges Hill Rd, fork* on left. Proceed on Georges Hill Rd for about 3 miles to Drive <u>straight ahead</u> into park, bearing left at fork approx. 175 yards inside, to parking lot on right 25 yards further. We meet there. * The fork mentioned above is almost directly across from the light at the bottom of the exit ramp.

- MIANUS RIVER PARK -** Stamford, CT
From South: Merritt Pkwy North to Exit 33, Den Rd. Go 1/8 mile to sharp right onto Roxbury Rd (look for white church). Turn left onto Westover Rd. Go 1.2 miles and turn right onto Merriebrook Lane. Park at red barn.
From North: Merritt Pkwy South to Exit 33, Den Rd. Bear left onto Bengall Rd. Take first left onto Westover Rd. Go 1.2 miles and turn right onto Merriebrook Lane. Park at red barn.
- MOUNTAIN LAKES CAMP** North Salem,
 I-684 to exit 6, Katonah/Cross River. Route 35 east 4.1 miles. Turn left at Shell station onto Rte NY 121 NORTH. Go 4.8 miles to Grants Corners. Small traffic circle on right. Turn Right onto Hawley Road. Go 1 mile. Turn Left onto Mountain Lakes Road. Go to parking area.
- PUTNAM MEMORIAL STATE PARK -** Redding, CT
From White Plains on 287E: Take Exit 11 for Rye and Route 1 (right lane of exit). At stop sign, make a Left onto Rte 136. Go North for 5.2 miles to Rte 58. At Rte 58, Go North 8.8 miles to the intersection of Rte 107 & 58. Putnam Memorial is at the intersection of Route 58 & 107.
From West: I-84, take Exit 5 to Rte 53 South for 3.4 miles to Rte 302. Take Rte 302 East for 1.6 miles to Rte 58. Take Rte 58 South for 2.8 miles. Putnam Memorial is at the intersection of Route 58 and 107.
- RYE NATURE CENTER –** 873 Boston Post Rd (US Rte 1) Rye, NY
From White Plains on 287E: Take Exit 11 for Rye and Route 1 (right lane of exit). At intersection (traffic lights), turn Right on Route 1/Boston Post Road through five sets of traffic lights. The Nature Center entrance is on the right (1.1 miles).
From the Hutchinson River Parkway: Take Exit 25, North Street., Left Toward Rye. Turn Left at intersection of North Street and Theodore Fremd Avenue (just after the bridge over I-95 and the Metro North Railroad). From Theodore Fremd Avenue take a Right at next traffic light onto Central Avenue. Proceed to the end of Central Avenue at the Boston Post Road. Turn right on Boston Post Road. The Nature Center entrance is the first driveway on the right.
- SAUGATUCK TRAIL-** Westport, CT
 Merritt Pkwy to Exit 42. Meet in parking lot on the north side of the parkway
- SCHUNEMUNK STATE PARK-** Taylor Road Hiker Parking Lot Mountainville, NY
From Westchester: Take 287 Tappan Zee Bridge to NY Thruway to Harriman – Exit 16. Go right at traffic signal onto Route 32 North for 7.1 miles. Turn left onto Pleasant Hill Road, go 0.1 mile. Go left onto Taylor Road for 0.2 miles. You’ll see the hiker’s parking lot on your right.
BUS From NYC: Take the Shortline Bus from Port Authority to Mountainville. Ask the driver to let you off at Pleasant Hill Road in Mountainville. Cross Route 32 and walk for 0.1 mile. Go left onto Taylor Road for 0.2 miles to the hiker’s parking lot on your right.
- SOUTHFORD FALLS STATE-** Oxford, CT
 I-84 East to Exit 15 (Southbury/Seymour). Take Rte 67 Southeast 2.6 miles to Rte 188. Turn right on Rte 188 to Park entrance
- SUN ONE ORGANIC FARM-** 104 Deerwood Drive Bethlehem, CT
From White Plains: I-684 North for 27 miles to Exit 9E to I-84 E. I-84 E go 24 miles to Exit 15 to State Hwy 67 E/US-6 E toward Seymour. Left at Church Hill Rd /CT-67/CT/US6. Stay on US6 for 9 miles. Left at Bethlehem Rd/CT-61 for 1.5 miles. Right onto Deerwood Dr. The house is at the end of Deerwood Dr., which dead- ends. Continue on dirt driveway which **can hold ~6 cars. Call Zaac for carpool options**
- SYLVAN GLEN -** Yorktown, NY
 Taconic Parkway to Rte 202, Yorktown. Go West on Rte 202 1.8 miles. Turn Right onto Lexington Avenue. Go about 0.6 miles. Turn Right onto Morris Lane and follow it straight into the parking area. Continue straight beyond Grant Ave. to parking area.

TALLMAN MT ST PARK- Piermont, NY	West on I-287. Cross the Tappan Zee Bridge to Exit 10 Rte 9W South. Proceed 4 miles to park entrance on left.
TOBAY BEACH- Babylon, NY	Throgs Neck Bridge to Cross Island Parkway to Northern State Pkwy (Grand Central Pkwy) toward Eastern LI to the Meadowbrook Pkwy to Jones Beach. Then Ocean Pkwy East past the monument to Tobay Beach. Parking lot about 4 miles past the monument. The entrance to Tobay Parking lot is on the northern side of Ocean Pkwy, so you must FOLLOW THE SIGNS to Tobay by staying in the Left lane when heading east on Ocean Pkwy. There is a U-turn lane to take you back heading west on Ocean Pkwy. Quickly get into the Right lane and the entrance to the parking lot is on the right about 100 yards. We will meet in the NORTHWEST corner of the parking lot. Weather permitting, you can swim , so bring a swim suit!
TURKEY MOUNTAIN- Yorktown, NY	Taconic Parkway to Underhill Ave. Turn Right and go East on Underhill Ave for 1.3 miles to Rte 118. Turn Right, heading South for 1.5 miles. Entrance is on the right, across from sign for “Peter Pratt’s Inn.”
WARD POUND RIDGE RESERVATION- Pound Ridge, NY	I-684 to Exit 6. Take Rte 35 E 4.1 miles to Rte 121. Turn Right (South) on Rte 121 and make an immediate Left into the Park entrance. Go 1/2 mile to ticket booth. Continue another 1.3 miles to the Trailside Nature Museum, stone building on the right.
WESTCHESTER WILDERNESS WALK-	<u>I-684</u> : Exit 4, go East on Rte 172 to Rte 22. Left on Rte 22, go 1 mile to Bedford Village. Stay straight on Pound Ridge Road (Rte. 124). Go 0.9 mile to traffic light (Mobil station). Go Right on Long Ridge Road, 2.5 miles to Left on Upper Shad Rd. Go Right, and go ¼ mile. <u>Merritt Pkwy</u> : to exit 34, Long Ridge, north to right at Upper Shad Rd. Go Right ¼ mile.
WESTMORELAND SANCTUARY- Bedford, NY	I-684 North to Exit 4. Go West onto Rte 172. Take first Left up hill onto Chestnut Ridge Rd. Go 1.5 mile to entrance on left.
WONDER LAKE ST PARK- Putnam County NY	Take I-84 to Exit 18 Luddingtonville (2 exits West of the 684/84 exchange). Go North on Route 311 for ¼-mile to the Park and Ride at the intersection with Luddingtonville Rd.